



Love on the Brain



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MUSIC: Dance: Love on the Brain
Artist: Rihanna Download: iTunes

CD: ANTI (Deluxe)

Listen to music sample on YouTube:

<https://www.youtube.com/watch?v=QMP-o8WXSPM>

FOOTWORK: Opposite unless noted TIME: 3:44

RHYTHM: Slow Two Step Ph IV +1 (arm to arm) +1 (sweetheart switch)

SEQUENCE: Intro – A – B – C – B - A – Ending

Intro:

[1-4] **Wrap pos fcg LoD wait ;; sweethearts runs to fc ;;**

In wrap pos fc LOD wait 2 meas ;; fwd L, - , fwd R, fwd L ; fwd R, - , fwd L, fwd R to fc partner ;

[5-8] **sd basic ; rev u – arm trn ; basic ;;**

Sd L, - , XLIB, rec L ; sd R, - , XLIB, rec R ; {sd L trn, - , fwd R, rec trn L ;}

Sd L, - , XLIB, rec L ; sd R, - , XLIB, rec L ; to picking up

Part A:

[1-4] **to pickng up L trn with inside roll ; basic end ; u-arm trn ; op basic (1/2 OP) ;**

Fwd L, - , Sd R, XLIF ; {bk ¼ L trn R, - , sd L trn LF under ld hnd, cont trn LF sd R to fc partner ;}

Repeat Intro meas 8 ; sd L to join ld hnd palm to palm, - , XLIB, rec L ;

{sd R comm to turn RF under jond ld hnd, - , cross L over R to LOD cont trn RF ½, rec fwd R ;}

sd R, - , XLIB, rec R ; to ½ OP

[5-8] **switch 4 times ; ; ;**

Fwd L chngng sds & sharply trn ¾ RF placing L arm around partner releasing R arm, - ,

fwd & sd R, fwd L crossing n front of right ; {fwd R, - , fwd & sd L, fwd R crossing in front of L ;} Repeat Part A meas 5 3 times ; ; to menuvering

[9-12] **to mnuvg R trn with outside roll ; op basic ; start the square ;;**

Fwd L vomm ¼ LF trn, - , sd R, XLIF to fc partner ; {bk R comm ¼ LF trn, - , sd L trn LF under ld hnd, cont trn LF sd R to fc partner ;} Repeat Part A meas 4 ; to ½ OP Turning 3/8 right face cross in front of woman side left, - , side right toward COH in a V- shaped Left Half Open Position, cross left in front of right; Forward right, - , side left toward RLOD in a V-shaped Half Open Position, cross right in front of left commencing right face turn to cross in front of woman; { Forward right, - , side left toward COH in a V-shaped Left Half Open Position, cross right in front of left commencing right face turn to cross in front of man; Turning 3/8 right face cross in front of man side left, - , side right toward RLOD in a V-shaped Half Open Position, cross left in front of right;}

[13-16] **fin the square ;; lunge basic ; rev u-arm trn ;**

Turning 3/8 right face cross in front of woman side left, - , side right toward WALL in a V-shaped Left Half Open Position, cross left in front of right; Forward right, - , side left toward LOD in a V-shaped Half Open Position, cross right in front of left; { Forward right, - , side left toward WALL in a V-shaped Left Half Open Position, cross right in front of left commencing right face turn to cross in front of man; Turning 3/8 right face cross in front of man side left, - , side right toward LOD in a V-shaped Half Open Position, cross left in front of right;} sd L with slight lunge action, - , rec R, XLIF ; Repeat Intro meas 6 ;

Part B:

- [1-4] **lunge basic ; twice to ½ OP ; circle away & tog to Bjo/Bol ;;**
Repeat Part A meas 15 ; Repeat Part A meas 15 ; to end in ½ OP crcl awy fwd L, -, fwd R, fwd L ; and tog fwd R, -, fwd L, fwd R ; to banjo bolero pos
- [5-8] **wheel 6 ;; lunge & twirl to rev ; basic end ;**
In bjo/bol fwd L, -, fwd R, fwd L ; fwd R, -, fwd L, fwd R ; Repeat Part A meas 14
{sd R with slight lunge action, -, rec & twrl L, Xrif ; Repeat Part A meas 2 ;}

Part C:

- [1-4] **open basic twice ;; (V-Pos) arm to arm ; op basic ;**
Turning 1/8 RF sd L, -, turning 1/8 RF to V-Pos ld arms/RLOD XRib, rec L; Turning 1/8 LF sd R, -, turning 1/8 LF to V-Pos trl arms/LOD XLib, rec R; { Turning 1/8 LF sd R, -, turning 1/8 LF to V-Pos ld arms/RLOD XLib, rec R; Turning 1/8 RF sd L, -, turning 1/8 RF to V-Pos trl arms/LOD XRib, rec L; } Turning 1/8 LF small sd & fwd L leading W to X in front, -, turning 1/8 LF sd & fwd R V-Pos ld arms/LOD, fwd & aX L; { Turning 3/8 LF X in front of M sd & bk R, -, turning 3/8 LF sd & fwd L V-Pos ld arms/LOD, fwd & aX R; }
- [5-8] **arm to arm 3 times ;; ; op basic ;**
Turning 1/8 LF small sd & fwd L leading W to X in front, -, turning 1/8 LF sd & fwd R V-Pos ld arms/RLOD, fwd & aX L; Turning 1/8 RF small sd & fwd R leading W to X in front, -, turning 1/8 RF sd & fwd L V-Pos trl arms/RLOD, fwd & aX R; Turning 1/8 LF small sd & fwd L leading W to X in front, -, turning 1/8 LF sd & fwd R V-Pos ld arms/RLOD, fwd & aX L; { Turning 3/8 LF X in front of M sd & bk R, -, turning 3/8 LF sd & fwd L V-Pos ld arms/RLOD, fwd & aX R; Turning 3/8 RF X in front of M sd & bk L, -, turning 3/8 RF sd & fwd R V-Pos trl arms/RLOD, fwd & aX L; Turning 3/8 LF X in front of M sd & bk R, -, turning 3/8 LF sd & fwd L V-Pos ld arms/RLOD, fwd & aX R; } Turning 1/8 LF to fc ptr sd R, -, turning 1/8 LF to VPos trl arms/LOD XLib, rec R; { Turning 1/8 RF to fc ptr sd L, -, turning 1/8 RF to VPos trl arms/LOD XRib, rec L; }
- [9-12] **sd basic ; sweetheart wrap / L in 2 to shdow (same Foot) ; sweetheart runs ;;**
Repeat Intro meas 5 ; sd R, brng ld hnds btwn fcs & arnd W's head XLIB, rec R end wrpd ;
{sd L, -, Xrif trn ¾ LF, - ;} fwd L, -, fwd R, fwd L ; fwd R, -, fwd L, fwd R ;
- [13-16] **sweetheart switch ; L across to shdw both fc Wall ; op basic twice / L in 2 to sktr pos ;;**
Trn RF fwd & sd L across W trn sharply RF to Left Wrap pos, -, cont RF trn sd & fwd R, con RF trn XLIF ; {spin RF ½ sd & bk L, -, cont RF trn sd & fwd R, XLIF ;} con RF trn sm fwd R movng W across, -, cont RF trn sd & fwd L, cont RF trn Xrif to shadow Wall ; {cont RF trn sd & fwd R, -, cont F'RF trn fwd L, fc Wall Xrif ;} sd L opng to ½ OP, -, XLIB, rec L ; sd R opng to ½ OP, -, XLIB, sml fwd R ;
{sd R opng to ½ OP, -, XLIB, - ;} to skaters pos fc LOD
- [17-20] **prog runs fc ;; op basic ; basic end to stckd hnds ;**
Fwd L, -, fwd R, fwd L ; fwd R, -, fwd L, fwd R ; {fwd R, -, fwd L, fwd R ; Fwd L, -, fwd R, fwd L to fc partner ;} sd L opng to ½ OP, -, XLIB, rec L ; Repeat Part A meas 3 ; to stacked hnds R over L
- [21-24] **X – hnd u- arm trn ; op basic w/ M headloop ; op basic ; basic end ;**
Sd L, -, XLIB, sm rec L ; {sd R comm RF trn, -, XLIG trn ½ RF, rec R to fc ;} sd R opng to ½ OP, -, XLIB, rec R ; Repeat Part C meas 19 ; Repeat Part A meas 3 ;

Ending:

- [1-4] **open basic twice ;; (V-Pos) arm to arm ; op basic ;**
Repeat Part C meas 1-4 ;, ;,
- [5-8] **arm to arm 3 times ;; ; op basic ;**
Repeat Part C meas 5-8 ;, ;,
- [9-12] **sd basic ; sweetheart wrap / L in 2 to shdow (same Foot) ; sweetheart runs ;;**
Repeat Part C meas 9-12 ;, ;,
- [13-16] **sweetheart switch ; L across to shdw both fc Wall ; op basic twice / L in 2 to sktr pos ;;**
Repeat Part A meas 3 & 4 ;,
- [17-20] **prog runs fc ;; op basic ; basic end to stckd hnds ;**
Repeat Part C meas 17-20 ;, ;,
- [21-24] **X – hnd u- arm trn ; op basic w M headloop ; op basic ; sweetheart wrap ;**
Repeat Part C meas 21 – 23 ;, ; with both hnd jond sd R raising ld hnd, -, XLIB trn slightly LF, rec R to wrapped pos ; {sd L prep to turn LF under jond ld hnd, -, fwd & axross R over L trn LF, rec L to wrapped pos ;}
- [25] **step fwd look at your ptnr & hold / L caress ;**
In wrapped pos step fwd & look at your partner & hold – Lady caress ;

Suggested Head Cues

Love on the Brain – Slow TwoStep Ph IV+1(arm to arm)+1(sweetheart switch)
Burger Stefan & Nicolette & Burger Johanna

Intro: wrap pos, fcg LoD

wait ;; sweetheart runs to fc ;; sd basic ; rev u-arm trn ; basic to PU ;;

Part A:

L trn with inside roll ; basic end ; u -arm trn ; op basic (1/2 OP) ;
switch 4 times (manuv) ;; ; R – trn with outside roll ; op basic (1/2 OP) ;
the square ;; ; lunge basic ; rev u -arm trn ;

Part B:

lunge basic to (½ OP) ;; circle away & tog (Bjo/Bol) ;; wheel 6 to bfly ;;
lunge basic with inside roll ; basic end ;

Part C:

2 op basic (1/2 OP) ;; arm to arm ; op basic (1/2 OP) ; arm to arm 3 times ;;
op basic ; sd basic ; sweetheart wrap / L in 2 (same foot) ; sweetheart runs ;; sweetheart switch ;
L across to shdw (both fc wall) ; 2 shdw op basics / L in 2 to skater (both lead foot free) ;;
prog runs to fc ;; op basic ; basic end to stckd hnd ; X – hnd u -arm trn ; op basic w/ M head loop ;
op basic ; basic end ;

Part B:

lunge basic to (½ OP) ;; circle away & tog (Bjo/Bol) ;; wheel 6 to bfly ;;
lunge basic with inside roll ; basic end to PU ;

Part A:

L trn with inside roll ; basic end ; u -arm trn ; op basic (1/2 OP) ;
switch 4 times (manuv) ;; ; R – trn with outside roll ; op basic (1/2) ; the square ;; ;
lunge basic ; rev u -arm trn ;

Ending:

2 op basic (1/2 OP) ;; arm to arm ; op basic (1/2 OP) ; arm to arm 3 times ;;
op basic ; sd basic ; sweetheart wrap / L in 2 (same foot) ; sweetheart runs ;; sweetheart switch ;
L across to shdw (both fc wall) ; 2 shdow op basics / L in 2 to skater (both lead foot free) ;;
prog runs to fc ;; op basic ; basic end to stckd hnd ; X – hnd u -arm trn ; op basic w/ M head loop ;
sd basic ; sweetheart wrap ; look at your partner / L caress ;