CHOREO: $\quad$ Stefan \& Nicolette Burger
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MUSIC:

## Flowers

Dance: Flowers
Artist: Tanzorchester Klaus Hallen Download: casa-musica.com
Sample and by from Casa Musica:
https://casa-musica.com/de/single-tracks/48877-flowers-slowfox-29-.html
Listen to original music by Miley Cyrus on YouTube (sorry, no Slowfox-Rhythm):
https://www.youtube.com/watch?v=G7KNmW9a75Y
FOOTWORK: Opposite unless noted TIME: 3:19
RHYTHM: Slowfox Ph V (Soft), DEGREE OF DIFFICULTY: Easy
SEQUENCE: Intro - B - Bridge 1-A B - Bridge 2 - B - Ending
NOTE: Update Part B

## Intro:

[1-4] wait ;; wsk (SCP) ; start I/O runs ;
Wait 2 meas ; fwd L, - fwd \& rise sd R, XliB ; to SCP fwd \& trn R, - Sd \& bk L, bk R ;
[5-8] fin I/O runs; fthr ; tele to SCP ; PU ;
Bk \& trn L, - sd \& fwd trn R, fwd L; thru R, - , fwd L, fwd R ; fwd trn L, - , fwd trn R, sd \& fwd L; [bk R comm to LT bringing L beside R with no weight, - , $\operatorname{trn} \mathrm{LF}$ on R heel and change weigt to left, sd and slightly fwd R to end in tight to SCP] thru R, - , sd L, cl R ;

## Part B:

[1-4] 3 stp ; fthr ; ${ }^{1 / 2}$ rev trn ; start ck \& wev ;
Fwd L, - , fwd R, fwd L ; fwd R, - , fwd L, fwd R to Bjo ; fwd L start LF trn, - , sd R cont. Trn, bk L to CP ; slip $R$ bk under body w/ slight contra check action, - , fwd L comm. trn LF, sd R [1/8 LF trn between stp 1 and 2 of the weave] $\mathrm{w} / \mathrm{R}$ sd lead and slight R sd stretch preparing to ld woman outide partner ;
[5-8] fin ck \& wev ; tele to SCP ; op nat turn ; impetus ;
With R sd stretch bk L in CMBP cont. 1/8 LF trn between steps 2 and 3 of the Weave, bl R to a momentary CBMP cont. to turn LF, sd and fod $1 \mathrm{w} / \mathrm{L}$ sd stretch [1/4 LF turn between steps 4 and 5 of the weave body turns less], w/ L sd stretc fwd R in BJO ; fwd L vomm. To trn LF, - , sd R cont. LF trn, sd and alightly fwd L to end in tight SCP ; \{Bk R comm. to trn L bringing L beside R with no weight,, , turn L face on R heel [heel turn] and change weight to $L$, sd and slightly fwd $R$ to end in tight SCP ; \} fwd $R$ start RF trn, $-m$ sd \& bk L across LOD to fc RLD, bk R to BjO RLOD; \{thru L, - , fwd R to CP, fwd L outsd ptr to BJO RLOD; \} stp bk L start RF trn, -, Cl R heel trn risg to toes cont RF trn, sd \& fwd L to SCP DLC; \{fwd R, -, fwd \& amd ptr L rising \& brush R to L, sd \& fwd R to SCP DLC ; $\}$
[9-12] feather ; rev wav ; ; imp to SCP ;
In SCP DLC stp thru \& fwd R, - , fwd L, fwd R outsd ptr to CP DLC ; \{stp thru L start trng LF to fc ptr, -, sd \& bk R, bk L to CP DLC; \} Forward left starting left face body turn up to $3 / 8$, -, side right Line of Progression, back left diagonally; back right Line of Progression, -, back left, back right curving left face to end facing Reverse Line of Progression; Closed Position soft knees throughout commence right face upper body turn back left, -, close right to left [heel turn] continue right face turn, complete turn forward left in tight Semi-Closed Position; \{Closed Position soft knees throughout commence right face upper body turn forward right between man's feet heel to toe pivoting $1 / 2$ right face, - , side and forward left continue turn around man brush right to left, complete turn forward right; $\}$
[13-16] prom wev ;; 3 stp ; start nat. wev ;
Repeat part B meas. $7 \& 8$;; Repeat part B meas. 1 ; Forward right commence to turn right face, -, side left with left side stretch [under $1 / 4$ right face turn between steps 1 and 2], with right side lead back right Diagonal Line of Dance and Center of Hall preparing to lead woman outside partner [slight right face turn between steps 2 and 3];
[17-18] fin nat. wev ; chg of dir ;
with right side stretch back left in CBMP, back right commence left face turn passing through Closed Position,
with left side stretch side and forward left preparing to step outside partner turning $1 / 4$ left face between steps 5 and 6 body turns less, with left side stretch forward right in Banjo Diagonal Line of Dance and Wall; Repeat Part B meas. 9 ;

## Bridge 1:

## [1-4] diam trn ; ; ;

Fwd L trn LF on diag., - , cont. LF trn sd R, bk L w/partner outside the man in BJO ; staying in BJO and $\operatorname{trn}$ LF bk R, - , sd L, fwd R outside partner in BJO; fwd L trn LF on the diag., - , sd R, bk L w/ partner outside Man in BJO ; bk R cont. LF trn, - , sd L, fwd R ;

## Part A:

## [1-4] 2 LF trn ; ; wsk (SCP); start I/O runs ;

Fwd L, - , fwd trn R, cl L; bk R, - , bk trn L, cl R ; to fc Wall fwd L, - , fwd \& sd rise R, XliB ; Forward right starting right face turn, - , side and back Diagonal Line of Dance and Wall on left to Closed Position, back right to Banjo Position ;
[5-8] fin I/O runs; fthr ; tele to SCP ; PU ;
using CBM back left turning right face, - , side and forward right between woman's feet continuing right face turn, forward left to Semi-Closed Position; thru R, - , fwd L, fwd R outside the woman to Bjo ; Forward left commencing to turn left face, - , side right continuing left face turn, side and slightly forward left to end in tight Semi-Closed Position; \{Back right commencing to turn left bringing left beside right with no weight, -, turn left face on right heel [heel turn] and change weight to left, side and slightly forward right to end in tight SemiClosed Position; \} thru R, - , sd L, cl R ;

## Bridge 2:

[1-4] diam trn ; ; ;
Repeat Bridge 1 meas $1-4$;; ;
[5-8] diam trn ;;;;
Repeat Bridge 1 meas $1-4 ;$; ;

## Ending:

## [1-4] 3 step; fthr ; dbl rev spin ; dbl rev spin ;

Repeat Part B meas $1 \& 2 ;$ Forward left commence to turn left face, - , side right [ $3 / 8$ left face turn between steps 1 and 2], spin up to $1 / 2$ left face between steps 2 and 3 on ball of right bringing left foot under body beside right with no weight flexed knees \{Back right commence to turn left face, -, left foot closes to right heel turn turning $1 / 2$ left face between steps 1 and $2 /$ side and slightly back right continue left face turn, cross left in front of right \} to DLC ; Repeat Ending meas 3 to DLW ;
[5-8] chg of dir ; rev wav ; bk fthr ;
Repeat Part B meas $9,10 \& 11 ;$; bk L, - , bk R, bk L ;
[9-11] bk 3 stp ; imp to SCP ; hinge ;
Bk R, - , bk L, bk R ; Repeat Part B meas 12 ; From SCP fwd right commence to turn left face, -, side and slightly forward left with up to $1 / 4$ turn between steps 1 and 2 commence left side stretch, continue left side stretch leading woman to cross her left foot behind her right keeping left side in to partner relaxing left knee and turning right knee to sway right and look at woman, -; \{Forward left commence to turn left face, -, side right up to $1 / 4$ turn between steps 1 and 2 commence right side stretch and continue right side stretch swivel left face, cross left in back of right keeping left side in to partner relaxing left knee [head to left with shoulders almost parallel to partner] with no weight on right; \}

## Suggested Head Cues

Flowers, Slowfox Ph V (Soft/Easy)

| Intro: | wait ; whisk (SCP) ; in \& out runs ; feather ; telemark (SCP) ; PU ; |
| :---: | :---: |
| Part B: | 3 stp ; feather ; $1 / 2$ rev trn ; ck \& weave ; ; telemark (SCP) ; prom weave ;; chg of dir ; rev. wave ;; imptus (SCP) ; prom weave ;; 3 stp ; nat weave ;; chg of dir ; |
| Bridge 1: | diamond trn ; ; ; |
| Part A: | 2 left trns ;; whisk (SCP) ; in \& out runs ; feather ; telemark (SCP) ; PU ; |
| Part B: | 3 stp ; feather ; $1 / 2$ rev trn ; ck \& weave ; ; telemark (SCP) ; prom weave ;; chg of dir ; rev. wave ;; imptus (SCP) ; prom weave ;; 3 stp ; nat weave ;; chg of dir ; |
| Bridge 2: | diamond trn ; ; diamond trn $; ; ;$ |
| Part B: | 3 stp ; feather ; $1 / 2$ rev turn ; ck \& weave ;; telemark (SCP) ; prom weave ;; chg of dir ; rev. wave ; imptus (SCP) ; prom weave ;; 3 stp ; nat weave ;; chg of dir ; |
| Ending; | 3 stp ; feather ; dbl rev spn (DLC) ; dbl rev spn (DLW) ; chg of dir ; rev weave; ; bk feather ; bk 3 spt ; impetus (SCP) ; (thru to) hinge ; |

