



Regenbogenfarben (rainbow colors)

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CHOREO: Stefan & Nicolette Burger
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MUSIC: Dance: Regenbogenfarben
Artist: Kerstin Ott & Helene Fischer download: e.g. i-tunes
Music sample (Kerstin Ott & Helene Fischer)
<https://www.youtube.com/watch?v=GxdjY3-zDmY>
Official Musicvideo (Kerstin Ott):
<https://www.youtube.com/watch?v=jaceiWuXUoo>

FOOTWORK: Opposite unless noted, TIME: 3:45

RHYTHM: Single Swing / Jive Ph V+0+2 (stop & go with double stop action, shuffling doors),
DEGREE OF DIFFICULTY: Average

SEQUENCE: Intro – A B C D – Inter 1 – A B – D – C – Ending

NOTE: for our daughter Johanna and her girlfriend

The singer describes: "There are 1000 different ways to live; we should give everyone the chance to be happy in their own way. No one should presume to dictate to another what he or she should wear, what he or she should feel or whom he or she should love. The song is a clear statement against intolerance and narrow-mindedness and a loud YES to diversity and humanity. Because life is colorful - rainbow colorful!"

Intro: (Single Swing)

- [1-5] wait ;; falwy rk ;,, windmill ;,,**
SCP M fcg Wall wait 2 meas ;;
[fallaway rock] rk bk L, rec R, sd L, - ; sd R, - to Bfly,
[windmill] rk bk L, rec R ; fwd trn L, - , sd trn R to fc COH, - ;
- [6-8] windmill ;,, link rk (1/2 OP) ;,,**
[windmill] rk bk L, rec R, fwd trn L, - ; sd trn R to fc Wall, - ,
[link rock] rk apt L, rec R ; fwd L, - , sd R, - ; to ½ OP

Part A: (Single Swing)

- [1-5] mooch ;; ; ;**
[mooch] Rk bk L, rec R, kck L fwd from knee slightly off floor, cl L ; kck R fwd from knee slightly off floor, cl R, rk bk L, rec R ; fwd & trn right face ½ L, - , rk bk R, rec L ; kck R fwd from knee slightly off floor, cl R, kck L fwd knee slightly off floor, cl L ; rk bk R, rec L, fwd & trn R left face ½ ; to SCP
- [6 - 8] start mooch ;; spt L & R ;**
[start mooch] Repeat Part A meas 1 & 2 ;; to CP
[stp L & R] stp sd L, - , stp sd R, - ;

Part B: (Jive)

- [1-4] falwy thrwy ;,, shldr shove ;,, start shuffling doors ;**
[fallaway throwaway] Rk bk L, rec R, fwd & sd L/cl R, fwd & sd L ; sd & fwd R/ cl L, sd & fwd R, {rk bk R, rec L, fwd R/ fwd L, fwd & trn R ; sd & bk L/ cl R, sd & bk L,} to LOP
[sholder shove] rk apt L, rec R ; sd L/ cl R, sd L, sd R/ cl L, sd R ; to fc Wall
[shuffling door] XliB, rec R, traveling beh W sd L/ cl R, sd L to OP ;

- [5-8] fin shuffling doors ; chg plce L - R ;,, link rk ;,,**
 [shuffling door] XRiB, rec L, traveling in front of W sd R/ cl L, sd R ; to OP
 [change places L to R] rk bk L, rec R, sd L/ cl R, sd L ; sd R/ cl L, sd R, {rk bk R, rec L, fwd R/ cl L,
 fwd & trn $\frac{3}{4}$ left face under joined lead hands ; sd L/ cl R, sd L and trn to face partner, }
 [link rk] rk bk L, rec R ; fwd L/ cl R, fwd L, sd R/ cl L, sd R to CP / Wall

Part C: (Jive)

- [1-3] RF trng falwy ;,, chg plce R - L ;,,**
 [R trn fallaway] rk bk L to SCP, rec R to fc, trn sd L/ cl R, sd L ; trn sd R, cl L/sd R, (fc COH)
 [change places R to L] rk bk L, rec R ; sd L/ cl R, sd L, sd R/ cl L, sd R ; {rk bk R, rec L ;
 sd R/ cl L, fwd R $\frac{3}{4}$ under joined lead hands, sd & bk L/ cl R, sd & bk L ; to fc partner
- [4-8] stop & go w/dbl stop action ; ; link to whp thrwy (1. Bfly / 2. R hnd shk) ; ;**
 [stop & go with double stop action] rk bk L, rec R, fwd L/ cl R, fwd L man catches woman with right
 hand on woman's left shoulder blade at end of triple to stop her movement ; rk fwd R, rec L, rk bk R, rec L ;
 rk fwd R, rec L, bk R/ cl L, bk R to LOP lead hand joined ; {rk bk R, rec L, fwd R comm $\frac{1}{2}$ left face turn/ cl L,
 bk R comm $\frac{1}{2}$ left fc trn under joined hands to end at mans right side ; rk bk L, rec R, rk fwd L, rec R ; rk bk L,
 rec R, fwd L comm $\frac{1}{2}$ right fc trn/ cl R, bk L comm $\frac{1}{2}$ right fc turn under joined hands to end facing man ; }
 [link to whip throwaway] rk bk L, rec R, fwd L/ cl R, fwd L to CP ; xRiB L comm RF trn, sd L cont RF trn,
 almost in place sd R/ cl L, sd R fc partner LOP / Wall ; {rk bk R, rec L, fwd R/ cl L, fwd R ; fwd L toward
 M's R side turning RF, fwd R between M's feed cont RF trn, sd L/ cl R, sd L fc partner} (1. Bfly / 2. R hnd shk)

Part D: (Jive)

- [1-4] span arms ;,, falwy rk ;,, dbl rk into ;**
 [spanish arm] rk bk L, rec R, sd L/ cl R, sd L ; sd R/ cl L, sd R,
 [fallaway rock] rk bk L, rec R ; sd L/ cl R, sd L, sd R/ cl L, sd R ;
 [dbl rk into] rk bk L, rec R, rk bk L, rec R ;
- [5-8] chasse rolls ;,, dbl rk into ; chasse rolls ; ,,**
 [casse rolls] sd L/ cl R, sd L trn RF to bk to bk, sd R/ cl L, sd R cont trn to fc; sd L/ cl R,
 sd L fc parnter comp. full turn,
 [dbl rk into] rk bk L, rec R ; rk bk L, rec R ,
 [casse rolls] sd L/ cl R, sd L trn LF to bk to bk ; sd R/ cl L, sd R cont trn to fc, sd L/ cl R,
 sd L fc parnter comp. full turn ;
- [9-12] span arms ;,, falwy rk ;,, dbl rk into ;**
 Repeat Part D meas. 1 – 4 Part ; ; ;
- [13-16] chasse rolls ;,, dbl rk into ; chasse rolls ; , (1. R hnd shk, 2. CP)**
 Repeat Part D meas. 5 – 8 Part D (1. in R hnd shk / 2. to CP)

Interlude: (Jive)

- [1-4] trpl whl 3 ; ; , miami special ; ,,**
 [triple wheel 3] rk apt L, rec R to R hnd joint trn $\frac{1}{4}$ RF, comm RF wheel touching W's bk w M's L hnd
 sd L/ cl R, sd L trn away from partner ; cont RF wheel sd R/ cl L, sd R trn toward parnter, cont RF
 wheel touching W's bk w M's L hnd sd L/ cl R, sd L leading W to spin RF ; sd R/ cl L, sd R,
 {rk apt R, rec L to R hnds joint trn $\frac{1}{4}$ LF, comm RF wheel sd R/ cl L, sd R turning toward parner ;
 cont RF wheel touching M's bk w W's L hnd sd L/ cl R ; sd L turning away from partner, cont RF
 wheel sd R/ cl L, sd R spinning RF on R foot to fc partner ; sd L/ cl R, sd L, }
 [miami special] rk apt L, rec R ; fwd L/ cl R, L trn RF $\frac{3}{4}$ to lead W to trn LF under joined R hnd
 putting joint hnds over M's head so hnds rest behind M's neck, sd R/ cl L, sd R ;
 {rk apt R, rec L ; fwd R/ cl L, R trn LF $\frac{3}{4}$ under joined R hnds, sd L/ cl R, sd L ; release handhold
 and slide R hnd down M's L arm ending M's L and W's R hnds joined in LOP
- [5-8] she go/he go ;,, triple wheel 3 ; ; ,**
 [she go/he go] rk bk L, rec R, fwd L/cl R, fwd L trn RF $\frac{1}{8}$ to $\frac{1}{4}$ to look at W's bk ; fwd R trn
 LF $\frac{5}{8}$ to $\frac{3}{4}$ trn under joined ld hnds/ cl L, sd R to fc partner, {rk bk R, rec L, fwd R trn LF $\frac{1}{2}$
 under joined ld hnds/ cl L, fwd R comp LF trn ; sd L/ cl R, sd L to fc partner ;
 [triple wheel 3] Repeat Part Interlude meas 1 – 2 $\frac{1}{2}$, ; ;

Ending: (Jive)

- [1-4] **trpl whl 3 ;, , miami special ;, ,**
Repeat Part Interlude meas 1 – 4 ;, ;, ;
- [5-9] **she go/he go ;, , link to whp thrwy ;, ; chg plce R - L ;, ,**
Repeat Part Interlude meas 5 – 8 ;, , Repeat Part C meas 7 – 8 ;, ; Repeat Part C meas 1 ½ - 3 , , ;
- [10-14] **shldr shove ;, , shuffling doors ;, ; chg L - R ;, ,**
[sholder shove] rk bk L, rec R trn RF, sd L/ cl R, sd L toward partner bringing M's L and W's R sholder together turning LF to fc partner ; bk R/ cl L, bk R ,
[shuffling doors] Repeat Part B meas 4 – 5 ;,
[change L to R] Repeat Part B meas 6 – 6 ½ , , ;
- [15-16] **spanish arm ;, , rk bk, step tog & embrance , , (& kiss if you want)**
Repeat Part D meas 1 – 1 ½ ;, , rk bk L, stp tog R and embrance ;

Suggested Head Cues

*Regenbogenfarben (rainbow colors),
Single Swing / Jive V+0+2 (stop & go w/dbl stop action, shuffling doors)
Burger Stefan & Nicolette*

- Intro (SS) wait ;, ; fallawy rk ;, , windmill ;, , twice ;, , link rk to OP ;, ,
- Part A (SS) mooch ;, ; ; start mooch (Bfly) ;, ; stp L & R ;
- Part B (Jive) fallawy throwawy ;, , shouldr shove ;, , shuffling doors ;, ; change L to R ;, , link rk ;, ,
- Part C (Jive) R trn fallawy ;, , chnge R to L ;, , stop & go w/double stop action ;, ;
link to whip throwawy ;, ;
- Part D (Jive) spanish arm ;, , fallawy rk ;, , dbl rk into chasse rolls ;, ; ,
dbl rk into chasse rolles ;, ; , spanish arm ;, , fallawy rk ;, ,
dbl rk into chasse rolls ;, ; , dbl rk into chasse rolles ;, ; , (R hnd shk)
- Inter (Jive) triple wheel 3 ;, ; , miami special ;, , she go/he go ;, , (R-hnd shk) triple wheel ;, , ,
- Part A (SS) mooch ;, ; ; start mooch (Bfly) ;, ; stp L & R ;
- Part B (Jive) fallawy throwawy ;, , shouldr shove ;, , shuffling doors ;, ; change L to R ;, , link rk ;, ,
- Part D (Jive) spanish arm ;, , fallawy rk ;, , dbl rk into chasse rolls ;, ; ,
dbl rk into chasse rolles ;, ; , spanish arm ;, , fallawy rk ;, ,
dbl rk into chasse rolls ;, ; , dbl rk into chasse rolles ;, ; , (CP)
- Part C (Jive) R trn fallawy ;, , chnge R to L ;, , stop & go w/double stop action ;, ;
link to whip throwawy ;, ; (R hnd shk)
- Ending (Jive) triple wheel 3 ;, , , miami special ;, , she go/he go ;, , link to whip throwawy ;, ;
change R to L ;, , shouldr shove ;, , shuffling doors ;, ; chnge L to R ;, ,
spanish arm ;, , rk bk, step together, embrance & kiss if you want , , 😊