



Break My Heart

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CHOREO: Johanna Burger with Stefan & Nicolette Burger
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MUSIC: Dance: Break My Heart
Artist: Korotkoff Download: casa-musica.com
Sample and by from Casa Musica:
<https://casa-musica.com/de/single-tracks/45497-break-my-heart-cha-cha-31.html>
Listen to music sample on YouTube:
<https://youtu.be/7PDWmpW9zyw>

FOOTWORK: Opposite unless noted TIME: 3:23

RHYTHM: Cha Ph IV+2+ 3 (op hip twist, single cuban, 4 count cuban, chase with full trn, merenque),
DEGREE OF DIFFICULTY: Easy - Average

SEQUENCE: Intro – A B C – Bridge – A C – Inter – D – Ending

Intro:

[2] **wait ;; slw merenque twice ;;**
CP Wall wait 2 meas ;; sd L, -, cl R, - ; sd L, -, cl R, - ;

Part A:

[1-4] **alemana ;; lrt in 3 (LOD) ; sldg dr ;**
fwd L, rec R, bk L/cl R, bk L leading woman to trn R face ; bk R, rec L, sd R/cl L, sd R ;
{bk R, rec L, fwd R/cl L, fwd R comm R face trn ; cont R face trn under joined lead hands fwd L,
cont R face trn fwd R, sd L/cl R, sd L ;} in plc stp L, in plc R, in plc L/in plc R, trn L to fc LOD ;
{cicle M clockwise w/ joined ld hand fwd R, fwd L, fwd R/cls L, fwd R to fc LOD ;}
sd R, cl L, sd R/cl L, sd R ;

[5-8] **cuca to fc (Wall) ; spt trn ; ny yrkr ; thru aida ;**
sd L, rec R to fc partner / Wall, cl L/stp R, stp L ; swivel fwd trn R (to LOD), rec trn L, sd R, cl L, sd R ;
swvl thru L, rec swvl to fc R, sd L/cl R, sd L ; thru trn R, sd trn L, bk R/lk L, bk R to a „V“ bk to bk pos ;

[9-12] **swch X ; crb wlk end ; tme stp (L hnd shk) ; trade plces ;**
trn L face to partner sd L checking bringing joined hand thru, rec R, XliF trn L face to partner/sd R, XliF ;
sd R, XliF, sd R/cl L, sd R ; XliB, rec R, sd L/cl R, sd L to L hnd shk ;
rk apt R, rec trn L, trn sd & bk R/cl L, trn sd & bk R ;

[13-16] **tme stp (R hnd shk) ; shdw whp ; shdw ny ; (x-hnd) u-arm trn ;**
Xlib, rec R, sd L/cl R, sd L to R hnd shk ; bk trn R, rec L, sd R/cl L, sd R ; {fwd L, fwd trn R, sd L/cl R, sd L ;}
swvl thru L, rec swvl R to fc, sd L/cl R, sd L ; to X-hnd (R over L) bk R, rec L, sd R/cl L, sd R ;
{swvl fwd trn L, rec trn R, sd L/cl R, sd L ;}

Part B:

[1-4] **chs full trn ;; op hp twst ; fan ;**
fwd trn L, rec trn R, fwd trn L/cl R, sd trn L ; bk R, rec L, fwd R/cl L, fwd R ; {bk R, rec L, fwd R/cl L,
fwd R ; fwd trn L, rec trn R, fwd trn L/cl R, sd trn L ; (first meas. M full trn, 2. meas W full trn)
end in Bfly Pos fc Wall chk fwd L, rec R, cl L, - ; {bk R, rec L, fwd R toward man with tension in R arm
which causes woman to swivel ¼ RF on R on cout of „and“, - ;} bk R, rec L, sd R, - ;
{fwd L, fwd & trn R, bk L, - ;}

[5-8] **alemana ;; hnd – hnd ; spt trn ;**
fwd L, rec R, sd L/cl R, sd L ; bk R, rec L, sd R/cl L, sd R ; {cl R, fwd L, fwd R/fwd L, fwd trn R ;
fwd trn L, fwd trn R, sd L/cl R, sd L ;} swvl bk L, rec to fc R, sd L/cl R, sd L ;
swvl fwd trn R, rec trn L, sd R/cl L, sd R ;

Part C:

- [1-4] **4 count single cuban ; sgl cuban brk; fnc lne in 4 ; single cuban ;**
Xlif, rec R, sd L, rec R ; Xlif/rec R, sd L, XRif/rec L, sd R ;
X lun L, rec R, sd L, rec R ; Repeat Part C meas 2 ;
- [5-8] **4 count single cuban ; s cuban brk ; tim spt twice ;;**
Repeat Part C meas 1 & 2 ;; Xlib, rec R, sd L/cl R, sd L ; Xrib, rec L, sd R/cl L, sd R ;
- [9-12] **lunge sd ; undrm trn ; brk bk to OP (skater pos fc LOD) ; swivl wk to cha ;**
lunge sd L, -, -, - ; bk R, rec L, sd R/cl L, sd R ; {swvl fwd trn L, rec trn R, sd L/cl R, sd L ;}
swvl bk L, rec R, fwd L/cl R, fwd L ; to skater pos fc LOD swvl fwd R, swvl fwd L, fwd R/cl L, fwd R ;
- [13-16] **swivl wk to cha ; spt trn (fc) ; cuca twice ;;**
swvl fwd L, swvl fwd R, fwd L/cl R, fwd L ; swvl fwd trn R, rec trn L to fc partner, sd R/cl L, sd R ;
sd L, rec R, cl L/stp R, stp L ; sd R, rec L, cl R/stp L, stp R ;

Bridge:

- [1-2] **slw marengue twice ;;**
Repeat Intr meas 3 & 4 ;;

Interlude :

- [1-4] **start chs ;; cuca M in 4 ; trav dr ;**
fwd trn L, rec R, fwd L/cl R, fwd L ; fwd trn R, rec L, fwd R/cl L, fwd R ; {bk R, rec L, fwd R/cl L,
fwd R ; fwd trn L, rec R, fwd L/cl R fwd L ;} to tandem both fc Wall sd L, rec R, cl L, cl R ;
{sd R, rec L, cl R/stp L, stp R ;} (same footwork) rk sd L, rec R, Xlif/sd R, Xlif ;
- [5-8] **trav dr ; cuca M in 4 ; fin chs ;;**
rk sd R, rec L, Xrif/ sd L, Xrif ; sd L, rec R, cl L, cl R ; {sd L, rec R, cl L/stp R, stp L ;}
fwd L, rec R, bk L/cl R, bk L ; bk R, rec L, fwd R/ cl L, fwd R ; {fwd trn R, rec L, fwd R/cl L, fwd R ;
fwd L, rec R, ck L/ cl R, bk L ;}

Part D:

- [1-4] **op hp twist ; fancing fan (LOD) ; ny twice ;;**
Repeat Part B meas 3 & 4 ;; M fc LOD, W fc RLOD ; swvl thru L fc Wall, rec swvl R to fc LOD,
sd L/cl R, sd L ; swvl thru R fc Center, rec swvl L to fc LOD, sd R/cl L, sd R ;
- [5-8] **4 count single cuban ; single cuban (R hnd shk) ; trade plc twice ;;**
rk sd L, rec R, XLiF R/sd L, XLiF; Repeat Part C meas 1 & 2 ;; R hnd shake rk apt L, rec trn R,
trn sd & bk L/cl R, trn sd & bk L ; rk apt R, rec trn L, trn sd & bk R/cl L, trn sd & bk R ;
- [9-12] **alemana (Wall) ;; hd – hd ; spt trn ;**
Repeat Part B meas 5 – 8 ;;;
- [13-16] **tme spt twice (R hnd shk) ;; shdw ny yrkr ; (x-hnd) u-arm trn (Bfly) ;**
Repeat Part C meas 7 & 8 ;; to R hnd shake Repeat Part A meas 15 & 16 ;; to Bfly pos

Ending:

- [1] **lunge apt ;**
trail hnd joined lunge L apt to „V“ pos, look parter & smile and hold ...

Suggested Head Cues

Break My Heart, Cha IV+2+3
(open hip twist, single cuban, 4 count cuban, chase w/full trn, merenque)
Johanna Burger with Burger Stefan & Nicolette

- Intro: wait ;; (CP) slw merengue twice ;;
- Part A: alemana ;; lariat in 3 (LOD) ; sldng door ; cuca to fc (Wall) ;
spt trn ; ny yrkr ; thru aida ; swtch X ; crab wk end ;
tme stp ; (L hnd shk) trade place ; tme spt (R hnd shk) ;
shdw whp ; shdw ny yrkr ; x-hnd u-arm trn ;
- Part B: chase w/full trn ;; op hp twst ; fan ; alemana ;;
hnd – hnd ; spt trn ;
- Part C: (ld) 4 count single cuban ; (ld) single cuban ;
(ld) fnc lne in 4 ; (ld) single cuban ;
(ld) 4 count single cuban ; (ld) single cuban ;
tme stp twice ;; lunge, -, -, - ;
(trl ft) u-arm trn ; brk bk to OP (skater pos fc LOD) ;
swivl wk to cha twice ;; spt trn (fc) ; cuca L & R ;;
- Bridge: (CP) slw marengue twice ;;
- Part A: alemana ;; lariat in 3 (LOD) ; sldng door ; cuca to fc (Wall) ;
spt trn ; ny yrkr ; thru aida ; swtch X ; crab wk end ;
tme stp ; (L hnd shk) trade place ; tme spt (R hnd shk) ;
shdw whp ; shdw ny yrkr ; x-hnd u-arm trn ;
- Part C: (ld) 4 count single cuban ; single cuban ;
(ld) fnc lne in 4 ; single cuban ;
(ld) 4 count single cuban ; single cuban ;
tme stp twice ;; lunge, -, -, - ;
(trl ft) u-arm trn ; brk bk to OP (skater pos fc LOD) ;
swivl wk to cha twice ;; spt trn (fc) ; cuca L & R ;;
- Inter: start chase ;; cuca L M in 4 ; (same ft) trvlnng door twice ;;
cuca / M in 4 ; fin chase ;;
- Part D: op hp twst ; facing fan (fc LOD) ; ny yrkr to Wall; ny yrkr to Center ;
(Bfly – ld ft) 4 count single cuban ; single cuban (R-hnd shk) ;
trade places twice ;; alemana (fc Wall) ;; hd-hd ; spt trn ;
tme stp twice (R-hnd shk) ;; shdw ny yrkr ; x – hnd u-arm trn (Bfly);
- Ending: (trl hnd jouined) lunge apart ;