



## Tanzt das Brot

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MUSIC: Dance: Tanzt das Brot aus Bernd das Brot  
Artist: Bernd das Brot – TV Sounds Unimited Download: [musicload.de](http://musicload.de)

FOOTWORK: Opposite unless noted TIME: 2:39

RHYTHM: Two Step Ph II, DEGREE OF DIFFICULTY: Easy - ECTA STEP Level A

SEQUENCE: Intro – A B – A B – Interlude – A B

### Intro:

#### [1-8] wait :: :: :: ::

SCP, M fcng prntr & Wall, lead feet free

[1-8] wait 8 measures (the dance starts after „Mist“, with yeah, yeah...)

### Part A:

#### [1-4] lace up :: ::

[1-4] passing behind W with lead hds joined moving diag across line of progression fwd L, cls R, fwd L, - ; ending in L-OP {passing in front of M under joined lead hands and moving diag. across line of progression fwd R, cls L, fwd R, - ; } fwd R, cls L, fwd R, - ; passing behind W with lead hds joined moving diag across line of progression fwd L, cls R, fwd L, - ; ending in OP {passing in front of M under joined lead hands and moving diag. across line of progression fwd R, cl L, fwd R, - ; } fwd R, cls L, fwd R, - ; ending in OP

#### [5-8] circle away 2 two steps :: circle together 2 two steps (OP) ::

[5-6] circle LF toward COH fwd L, cls R, fwd L, - ; fwd R, cls L, fwd R, - ; {circle RF toward Wall} fcng RLoD

[7-8] circle LF toward Wall fwd L, cls R, fwd L, - ; fwd R, cls L, fwd R, - ; {circle RF toward COH} to OP fcng LOD

### Part B:

#### [1-4] wlk 4 :: 2 fwd 2 stps (Bfly) ::

[1-2] fwd L, - , fwd R, - ; fwd L, - , fwd R, - ;

[3-4] fwd L, cls R, fwd L, - ; fwd R, cls L, fwd R, - ; to Bfly

#### [5-8] sd 2 stp L & R :: sd 2 stp L & R ::

[5-6] sd L, cls R, sd L, - ; sd R, cls L, sd R, - ;

[7-8] Rpt meas 5 & 6 of Part B ending SCP

#### [9-12] 2 fwd 2 stps :: crcl awy 2 two stps ::

[9-10] Rpt meas 3 & 4 of Part B

[11-12] Rpt meas 5 & 6 of Part A last stp turn to fc prntr

#### [13-16] wlk tog 4 :: bb – trn (op) ::

[13-14] fwd L, - , fwd R, - ; fwd L, - , fwd R, - ; to Bfly

[15-16] fwd trn L, - , rec trn R, - ; fwd trn L, - , rec trn R ; ending in OP

#### [17-20] sd stp apt & hold ; sd stp tog & hold ; bb – trn (SCP) ::

[17-18] sd apt L, - , - , - ; sd tog R, - , - , - ;

[19-20] rpt meas 15 & 16 of Part B

(on 3rd time looking out for „Bernd“)

## Interlude:

### **[1-4] 2 fwd 2 stp w/hops ;; 2 fwd 2 stp ;;**

- [1-2] fwd L, cls R, fwd L, - ; fwd R, cls L, fwd R, - ; (Bernd sings „hüpft“ that means a hopping action, on the closing step. Or you can cue „step hop 2times“ fwd L, - , hop R, - ; fwd R, - , hop L ; )  
[3-4] fwd L, cls R, fwd L, - ; fwd R, cls L, fwd R, - ;

### **[5-8] 2 fwd 2 stp w/hops ;; 2 fwd 2 stp ;;**

- [5-6] Rpt meas 1 & 2 of Interlude  
[7-8] Rpt meas 3 & 4 of Interlude

### **[9-12] trvlng box ;; ;;**

- [9-10] sd L, cls R, fwd L, - ; trn fwd R to RSCP, - , fwd L, - ;  
[11-12] sd R, cls L, bk R, - ; trn fwd L to SCP, - , fwd R, - ; to SCP

### **[13-14] sd, cls & hold ; sd, cls & hold**

- [13-14] sd L, cls R, - , - ; sd L, cls R, - , - ;

Optional movement:

On Part A „circle away 2 two steps“, „circle together 2 two steps“, on Part B „walk 4“, „circle away 2 two steps“ and „walk together 4“, you may imitate „Bernd“ hands: Jiggle hands at waist height (see picture below).

Note:

Bernd das Brot („Bernd the bread“) is a puppet character, star mascot and cult figure of the German children's television channel KI.KA (Kinderkanal).

