



## La La La

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MUSIC: Dance: La La La  
Artist: Naughty Box feat Sam Smith Download: e. g. [musicload.de](http://musicload.de), I-Tunes

FOOTWORK: Opposite unless noted TIME: 2:39

RHYTHM: Cha Cha Ph IV, DEGREE OF DIFFICULTY: Easy - ECTA STEP Level C

SEQUENCE: (Prä-Intro – Intro) – A B C D – A B C D – Dmod – Cmod – Ending

NOTE: Dance starts in Bfly with no Intro at 0:30 (after 1st „la la la“),  
you may cut the music, if you want

### Part A:

[1-4] basic ;; fnc lne ; u-arm trn ;

[5-8] ½ basic ; fan ; hcky-stck ;;

### Part B:

[1-4] nw yrkr into trpl cha fwd ;; spt trn ; ½ basic ;

[5-8] whip ; nw yrkr into trpl cha fwd ;; u-arm trn ; (L-hnd star)

### Part C:

[1-4] umbrella trns (fc) ;; ;;

[5-8] alemana ;; lariat ;;

### Part D:

[1-4] trvlng door ; cuca R ; start chase ;;

[5-8] fin chase ;; trvlng door ; cuca R ;

### Part Dmod:

[1-4] start dbl chase peek-a-boo ;; ;;

[5-8] fin dbl chase peek-a-boo ;; ;;

### Part Cmod: (16)

[1-4] ½ basic ; fan ; alemana from fan ;;

[5-8] lariat (L-hnd star) ;; start umbrella trn ;;

[9-12] finish umbrella trn ;; fnc lne (OP) ; wlk fwd cha ;

[13-16] sldng door twice ;; crcl cha ;;

**Ending:**

[1-4] trvng door ; cuca R ; start chase ;;

[5-8] fin chase ;; trvng door ; thru rumba aida & hold ;